

Penzance to London

Current timetable, valid from Tuesday 12th of May 2026. *Services may vary during Bank Holidays***Monday–Thursday**

<i>Stops</i>	<i>Times</i>				
Penzance Bus Station, Station Road	-	04:45	-	08:25	-
Helston Coinagehall St. opp Seven Stars P.H.	-	05:10	-	08:50	-
Falmouth Berkeley Vale, bus stop near The Old Police House	-	05:40	-	09:20	-
Penryn Bridge, nr Estate Agent	-	05:45	-	09:27	-
Truro Bus Station, Green Street	-	A 06:05 D 06:10	-	A 09:45 D 09:50	-
Newquay [Cornwall] Bus Station, Manor Rd	-	A 06:45 D 06:50	-	-	-
Bodmin opp Car Park, Dennison Rd	-	07:30	-	-	-
Liskeard Barras St, lay-by, near Lloyds bank	-	07:55	-	-	-
Tideford A38 Quay Rd, down-hill stop, after Church Rd	-	08:05	-	-	-
Landrake A38, opp Geffery Close	-	08:08	-	-	-
Tresillian Bus Stop, opp Post Office	-	-	-	09:56	-
Grampound Fore St, Dolphin P.H.	-	-	-	10:03	-
St Austell Bus Station, off High Cross Street	-	-	-	A 10:20 D 10:25	-

St Blazey Gate A390 St Austell Rd, opp Four Lords P.H.	-	-	-	10:32	-
St Blazey A390 Church St, opp Polgrean Place	-	-	-	10:35	-
Lostwithiel The Royal Talbot	-	-	-	10:45	-
East Taphouse A390, Bus lay-by	-	-	-	11:05	-
Plymouth Coach Stn, Armada Way	02:50	A 08:50 D 09:15	06:20	A 11:45 D 12:10	15:30
Exeter Bampfylde Street, Express Coach Stop 34	A 03:50 D 03:55	-	A 07:25 D 07:30	-	A 16:40 D 16:45
Exeter (Honiton Rd) Bus Shelter opp Park & Ride	04:00	-	07:40	-	16:55
Taunton Park Street, opposite County Hall	A 04:40 D 04:45	-	-	-	-
Bridgwater Coach Stn	05:10	-	-	-	-
Ivybridge Leonards Rd, o/s Town Hall	-	09:35	-	-	-
Leigh Delamere Services (M4) Eastbound Service Area	-	A 12:00 D 12:30	-	A 14:25 D 14:50	-
Reading Mere oak Park & Ride, nr M4 junction 11	-	-	-	16:20	-
Heathrow Airport Central Bus Station	A 07:55 D 08:00	A 14:30 D 14:35	A 11:15 D 11:20	A 17:05 D 17:10	A 20:25 D 20:30
London (Earl's Court) West Cromwell Rd, Stop D, nr Tesco	08:55	15:05	12:00	17:50	21:00
London Victoria Coach Station, Arrivals Hall	09:20	15:35	12:20	18:20	21:20

Friday

Stops

Times

Penzance Bus Station, Station Road	-	04:45	-	08:25	-
Helston Coinagehall St. opp Seven Stars P.H.	-	05:10	-	08:50	-
Falmouth Berkeley Vale, bus stop near The Old Police House	-	05:40	-	09:20	-
Penryn Bridge, nr Estate Agent	-	05:45	-	09:27	-
Truro Bus Station, Green Street	-	A 06:05 D 06:10	-	A 09:45 D 09:50	-
Newquay [Cornwall] Bus Station, Manor Rd	-	A 06:45 D 06:50	-	-	-
Bodmin opp Car Park, Dennison Rd	-	07:30	-	-	-
Liskeard Barras St, lay-by, near Lloyds bank	-	07:55	-	-	-
Tideford A38 Quay Rd, down-hill stop, after Church Rd	-	08:05	-	-	-
Landrake A38, opp Geffery Close	-	08:08	-	-	-
Tresillian Bus Stop, opp Post Office	-	-	-	09:56	-
Grampond Fore St, Dolphin P.H.	-	-	-	10:03	-
St Austell Bus Station, off High Cross Street	-	-	-	A 10:20 D 10:25	-
St Blazey Gate A390 St Austell Rd, opp Four Lords P.H.	-	-	-	10:32	-
St Blazey A390 Church St, opp Polgrean Place	-	-	-	10:35	-
Lostwithiel The Royal Talbot	-	-	-	10:45	-

East Taphouse A390, Bus lay-by	-	-	-	11:05	-
Plymouth Coach Stn, Armada Way	02:50	A 08:50 D 09:15	06:20	A 11:45 D 12:10	15:30
Exeter Bampfylde Street, Express Coach Stop 34	A 03:50 D 03:55	-	A 07:25 D 07:30	-	A 16:40 D 16:45
Exeter (Honiton Rd) Bus Shelter opp Park & Ride	04:00	-	07:40	-	16:55
Taunton Park Street, opposite County Hall	A 04:40 D 04:45	-	-	-	-
Bridgwater Coach Stn	05:10	-	-	-	-
Ivybridge Leonards Rd, o/s Town Hall	-	09:35	-	-	-
Leigh Delamere Services (M4) Eastbound Service Area	-	A 12:00 D 12:30	-	A 14:40 D 15:05	-
Reading Mere oak Park & Ride, nr M4 junction 11	-	-	-	16:30	-
Heathrow Airport Central Bus Station	A 07:55 D 08:00	A 14:40 D 14:45	A 11:15 D 11:20	A 17:20 D 17:25	A 20:25 D 20:30
London (Earl's Court) West Cromwell Rd, Stop D, nr Tesco	08:55	15:20	12:00	18:05	21:00
London Victoria Coach Station, Arrivals Hall	09:20	15:50	12:20	18:35	21:20

Saturday–Sunday

Stops

Times

Penzance Bus Station, Station Road	-	05:00	-	08:25	-
Helston Coinagehall St. opp Seven Stars P.H.	-	05:25	-	08:50	-
Falmouth Berkeley Vale, bus stop near The Old Police House	-	05:55	-	09:20	-
Penryn Bridge, nr Estate Agent	-	06:00	-	09:27	-
Truro Bus Station, Green Street	-	A 06:20 D 06:25	-	A 09:45 D 09:50	-
Newquay [Cornwall] Bus Station, Manor Rd	-	A 07:00 D 07:05	-	-	-
Bodmin opp Car Park, Dennison Rd	-	07:45	-	-	-
Liskeard Barras St, lay-by, near Lloyds bank	-	08:10	-	-	-
Tideford A38 Quay Rd, down-hill stop, after Church Rd	-	08:20	-	-	-
Landrake A38, opp Geffery Close	-	08:23	-	-	-
Tresillian Bus Stop, opp Post Office	-	-	-	09:56	-
Grampond Fore St, Dolphin P.H.	-	-	-	10:03	-
St Austell Bus Station, off High Cross Street	-	-	-	A 10:20 D 10:25	-
St Blazey Gate A390 St Austell Rd, opp Four Lords P.H.	-	-	-	10:32	-
St Blazey A390 Church St, opp Polgrean Place	-	-	-	10:35	-
Lostwithiel The Royal Talbot	-	-	-	10:45	-

East Taphouse A390, Bus lay-by	-	-	-	11:05	-
Plymouth Coach Stn, Armada Way	03:35	A 08:50 D 09:15	06:35	A 11:45 D 12:10	15:45
Exeter Bampfylde Street, Express Coach Stop 34	A 04:35 D 04:40	-	A 07:40 D 07:45	-	A 16:50 D 16:55
Exeter (Honiton Rd) Bus Shelter opp Park & Ride	04:45	-	07:55	-	17:05
Taunton Park Street, opposite County Hall	A 05:25 D 05:30	-	-	-	-
Bridgwater Coach Stn	05:55	-	-	-	-
Ivybridge Leonards Rd, o/s Town Hall	-	09:35	-	-	-
Leigh Delamere Services (M4) Eastbound Service Area	-	A 12:00 D 12:30	-	A 14:25 D 14:50	-
Reading Mere oak Park & Ride, nr M4 junction 11	-	-	-	16:20	-
Heathrow Airport Central Bus Station	A 08:25 D 08:30	A 14:30 D 14:35	A 11:15 D 11:20	A 17:05 D 17:10	A 20:25 D 20:30
London (Earl's Court) West Cromwell Rd, Stop D, nr Tesco	09:00	15:05	12:00	17:50	21:00
London Victoria Coach Station, Arrivals Hall	09:20	15:35	12:20	18:20	21:20

Key

- A The coach will arrive at the first time. After a short break at this stop, it will depart again at the second time.
- The coach does not stop here on this service.