504

London to Penzance

National Express bus timetable for the **London to Penzance** route (Route **504**). Current timetable valid from **Tuesday 3rd of November 2026**. To keep the timetable handy and check your journey anytime, download this PDF. Services may vary during Bank Holidays.

Monday–Thursday

Stops	*Times*				
London Victoria Coach Station, Departures Hall	08:30	10:30	13:30	17:00	20:00
Heathrow Airport Central Bus Station	A 09:15 D 09:25	A 11:20 D 11:30	A 14:25 D 14:30	A 18:00 D 18:10	A 20:40 D 20:50
Sedgemoor Services (M5) Service Area	A 11:55 D 12:20	–	A 17:00 D 17:35	–	–
Ivybridge Leonards Rd, opp Town Hall	–	–	19:20	–	–
Bridgwater Coach Stn	–	–	–	–	23:10
Taunton Park Street, adjacent County Hall	–	–	–	–	A 23:35 D 23:40
Exeter (Honiton Rd) A3015 Honiton Rd, Park & Ride (uphill shelters)	–	15:00	–	21:25	00:20
Exeter Bampfylde Street, Express Coach Stop 34	–	A 15:10 D 15:15	–	A 21:35 D 21:40	A 00:30 D 00:35
Plymouth (Marsh Mills) *HAND LUGGAGE ONLY*, A374 lay-by, at Plymouth Rd superstore	13:55	16:15	19:30	22:40	01:25
Plymouth Coach Stn, Armada Way	A 14:05 D 14:30	A 16:25 D 16:45	A 19:40 D 20:00	22:45	01:30

East Taphouse A390, opp Old Post Office / post box	–	17:30	–	–	–
Lostwithiel opp The Royal Talbot	–	17:40	–	–	–
St Blazey A390 Church St, adj Polgrean Place	–	17:50	–	–	–
St Blazey Gate A390 St Austell Rd, Four Lords P.H.	–	17:54	–	–	–
St Austell Bus Station, off High Cross Street	–	A 18:00 D 18:05	–	–	–
Grampound Fore St, opp Dolphin P.H.	–	18:14	–	–	–
Tresillian Lay-by, nr Post Office	–	18:20	–	–	–
Landrake A38, adj Geffery Close	14:52	–	20:17	–	–
Tideford A38 Quay Rd, up-hill stop, before Bridge Rd	14:55	–	20:20	–	–
Liskeard Barras St, lay-by, near Post Office	15:10	–	20:35	–	–
Bodmin Car Park, Dennison Rd	15:35	–	21:00	–	–
Newquay [Cornwall] Bus Station, Manor Rd	A 16:15 D 16:20	–	A 21:35 D 21:40	–	–
Truro Bus Station, Green Street	A 17:00 D 17:05	A 18:30 D 18:35	A 22:10 D 22:15	–	–
Penryn Bridge, opp Estate Agent	17:30	18:55	22:35	–	–
Falmouth Berkeley Vale, bus stop near The Old Police House	17:40	19:05	22:45	–	–
Helston The Parade, adj Meneage St.	18:05	19:20	23:05	–	–
Penzance Bus Station, Station Road	18:40	19:55	23:35	–	–

Friday

Stops	*Times*				
London Victoria Coach Station, Departures Hall	08:30	10:30	13:30	17:00	20:00
Heathrow Airport Central Bus Station	A 09:15 D 09:25	A 11:30 D 11:40	A 14:25 D 14:30	A 18:00 D 18:10	A 20:40 D 20:50
Sedgemoor Services (M5) Service Area	A 11:55 D 12:20	–	A 17:00 D 17:35	–	–
Ivybridge Leonards Rd, opp Town Hall	–	–	19:35	–	–
Bridgwater Coach Stn	–	–	–	–	23:10
Taunton Park Street, adjacent County Hall	–	–	–	–	A 23:35 D 23:40
Exeter (Honiton Rd) A3015 Honiton Rd, Park & Ride (uphill shelters)	–	15:20	–	21:25	00:20
Exeter Bampfylde Street, Express Coach Stop 34	–	A 15:30 D 15:35	–	A 21:35 D 21:40	A 00:30 D 00:35
Plymouth (Marsh Mills) *HAND LUGGAGE ONLY*, A374 lay-by, at Plymouth Rd superstore	13:55	16:45	19:45	22:40	01:25
Plymouth Coach Stn, Armada Way	A 14:05 D 14:30	A 16:55 D 17:15	A 19:55 D 20:15	22:45	01:30
East Taphouse A390, opp Old Post Office / post box	–	18:00	–	–	–
Lostwithiel opp The Royal Talbot	–	18:10	–	–	–
St Blazey A390 Church St, adj Polgrean Place	–	18:20	–	–	–
St Blazey Gate A390 St Austell Rd, Four Lords P.H.	–	18:24	–	–	–

St Austell Bus Station, off High Cross Street	–	A 18:30 D 18:35	–	–	–
Grampound Fore St, opp Dolphin P.H.	–	18:44	–	–	–
Tresillian Lay-by, nr Post Office	–	18:50	–	–	–
Landrake A38, adj Geffery Close	14:52	–	20:32	–	–
Tideford A38 Quay Rd, up-hill stop, before Bridge Rd	14:55	–	20:35	–	–
Liskeard Barras St, lay-by, near Post Office	15:10	–	20:50	–	–
Bodmin Car Park, Dennison Rd	15:35	–	21:15	–	–
Newquay [Cornwall] Bus Station, Manor Rd	A 16:15 D 16:20	–	A 21:50 D 21:55	–	–
Truro Bus Station, Green Street	A 17:00 D 17:05	A 19:00 D 19:05	A 22:25 D 22:30	–	–
Penryn Bridge, opp Estate Agent	17:30	19:25	22:50	–	–
Falmouth Berkeley Vale, bus stop near The Old Police House	17:40	19:35	23:00	–	–
Helston The Parade, adj Meneage St.	18:05	19:50	23:20	–	–
Penzance Bus Station, Station Road	18:40	20:25	23:50	–	–

Saturday–Sunday

Stops	*Times*				
London Victoria Coach Station, Departures Hall	08:30	10:30	13:30	17:00	20:00
Heathrow Airport Central Bus Station	A 09:10 D 09:20	A 11:20 D 11:30	A 14:15 D 14:20	A 17:45 D 17:55	A 20:40 D 20:50
Sedgemoor Services (M5) Service Area	A 11:50 D 12:15	–	A 16:50 D 17:25	–	–
Ivybridge Leonards Rd, opp Town Hall	–	–	19:05	–	–
Bridgwater Coach Stn	–	–	–	–	23:10
Taunton Park Street, adjacent County Hall	–	–	–	–	A 23:35 D 23:40
Exeter (Honiton Rd) A3015 Honiton Rd, Park & Ride (uphill shelters)	–	15:00	–	21:10	00:20
Exeter Bampfylde Street, Express Coach Stop 34	–	A 15:10 D 15:15	–	A 21:20 D 21:25	A 00:30 D 00:35
Plymouth (Marsh Mills) *HAND LUGGAGE ONLY*, A374 lay-by, at Plymouth Rd superstore	13:55	16:15	19:15	22:25	01:25
Plymouth Coach Stn, Armada Way	A 14:05 D 14:30	A 16:25 D 16:45	A 19:25 D 19:45	22:30	01:30
East Taphouse A390, opp Old Post Office / post box	–	17:20	–	–	–
Lostwithiel opp The Royal Talbot	–	17:30	–	–	–
St Blazey A390 Church St, adj Polgrean Place	–	17:40	–	–	–
St Blazey Gate A390 St Austell Rd, Four Lords P.H.	–	17:44	–	–	–

St Austell Bus Station, off High Cross Street	–	A 17:50 D 17:55	–	–	–
Grampound Fore St, opp Dolphin P.H.	–	18:04	–	–	–
Tresillian Lay-by, nr Post Office	–	18:10	–	–	–
Landrake A38, adj Geffery Close	14:47	–	20:02	–	–
Tideford A38 Quay Rd, up-hill stop, before Bridge Rd	14:50	–	20:05	–	–
Liskeard Barras St, lay-by, near Post Office	15:05	–	20:20	–	–
Bodmin Car Park, Dennison Rd	15:30	–	20:45	–	–
Newquay [Cornwall] Bus Station, Manor Rd	A 16:05 D 16:10	–	A 21:20 D 21:25	–	–
Truro Bus Station, Green Street	A 16:40 D 16:45	A 18:20 D 18:25	A 21:55 D 22:00	–	–
Penryn Bridge, opp Estate Agent	17:05	18:45	22:20	–	–
Falmouth Berkeley Vale, bus stop near The Old Police House	17:15	18:55	22:30	–	–
Helston The Parade, adj Meneage St.	17:35	19:15	22:50	–	–
Penzance Bus Station, Station Road	18:05	19:45	23:20	–	–

Key

A The coach will arrive at the first time. After a short break
D at this stop, it will depart again at the second time.

– The coach does not stop here on this service.