409

Aberystwyth University to London

National Express bus timetable for the **Aberystwyth University to London** route (Route **409**). Current timetable valid from **Tuesday 10th of November 2026**. To keep the timetable handy and check your journey anytime, download this PDF. Services may vary during Bank Holidays.

Monday–Sunday

Stops	*Times*
Aberystwyth University Bus stop opposite Reception	08:40
Aberystwyth Bus Stn, Alexandra Rd	08:45
Llangurig Black Lion Hotel	09:30
Llanidloes Llangurig Road, adj Millennium Garden (nr Co-op)	09:40
Llandinam Lion Hotel	09:50
Newtown [Powys] Bus Stn, Back Lane	10:05
Welshpool Bus Station (at Church Street car park)	10:30
Shrewsbury Bus Stn, Raven Meadows	A 11:05 D 11:10
Telford Town Centre Bus Stn	11:45
Birmingham Coach Stn, Digbeth	A 12:45 D 13:15
Heathrow Airport Central Bus Station	A 15:45 D 15:50
London (Earl's Court) West Cromwell Rd, Stop D, nr Tesco	16:25

London Victoria Coach Station, Arrivals Hall	16:50

Key

A The coach will arrive at the first time. After a short break
D at this stop, it will depart again at the second time.