406

Penzance to London

National Express bus timetable for the **Penzance to London** route (Route **406**). Current timetable valid from **Thursday 5th of November 2026**. To keep the timetable handy and check your journey anytime, download this PDF. Services may vary during Bank Holidays.

Monday–Sunday

Stops	*Times*
Penzance Bus Station, Station Road	21:25
Crowlas The Star Inn, A30, bus stop beyond Inn	21:30
St Erth A30, Interchange, o/s Railway Station	21:35
Hayle **Penpol Terrace bus lay-by**	**21:40**
Copperhouse Fore St, bus lay-by, opp shops	21:42
Camborne [Cornwall] Bus Stn	21:55
Pool [Cornwall] Trevenson Rd, Cornwall College	22:05
Redruth Station Rd, Bus Shelter, adj Alma Place	22:10
Newquay [Cornwall] Bus Station, Manor Rd	A 22:40 D 22:45
Bodmin opp Car Park, Dennison Rd	23:15
Liskeard Barras St, lay-by, near Lloyds bank	23:40

Tideford A38 Quay Rd, down-hill stop, after Church Rd	23:48
Landrake A38, opp Geffery Close	23:51
Plymouth Coach Stn, Armada Way	A 00:15 D 00:30
Exeter Services M5, Coach Park (G)	A 01:25 D 01:50
Exeter Bampfylde Street, Express Coach Stop 34	A 02:00 D 02:05
Exeter (Honiton Rd) Bus Shelter opp Park & Ride	02:10
Heathrow Airport Central Bus Station	A 05:30 D 05:35
London (Earl's Court) West Cromwell Rd, Stop D, nr Tesco	06:10
London **Victoria Coach Station,** **Arrivals Hall**	**06:20**

Key

A The coach will arrive at the first time. After a short break
D at this stop, it will depart again at the second time.