# 406

# Penzance to London

**National Express** bus timetable for the **Penzance to London** route (Route **406**). Current timetable valid from **Saturday 14th of November 2026**. To keep the timetable handy and check your journey anytime, download this PDF. Services may vary during Bank Holidays.

## Monday–Sunday

| *Stops* | *Times* |
|---|---|
| Penzance<br>Bus Station, Station Road | 21:25 |
| Crowlas<br>The Star Inn, A30,<br>bus stop beyond Inn | 21:30 |
| St Erth<br>A30, Interchange,<br>o/s Railway Station | 21:35 |
| Hayle<br>Penpol Terrace bus lay-by | 21:40 |
| Copperhouse<br>Fore St, bus lay-by, opp shops | 21:42 |
| Camborne [Cornwall]<br>Bus Stn | 21:55 |
| Pool [Cornwall]<br>Trevenson Rd, Cornwall College | 22:05 |
| Redruth<br>Station Rd, Bus Shelter,<br>adj Alma Place | 22:10 |
| Newquay [Cornwall]<br>Bus Station, Manor Rd | A 22:40<br>D 22:45 |
| Bodmin<br>opp Car Park, Dennison Rd | 23:15 |
| Liskeard<br>Barras St, lay-by, near Lloyds bank | 23:40 |

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|---|---|
| **Tideford**<br>A38 Quay Rd, down-hill stop,<br>after Church Rd | 23:48 |
| **Landrake**<br>A38, opp Geffery Close | 23:51 |
| **Plymouth**<br>Coach Stn, Armada Way | A 00:15<br>D 00:30 |
| **Exeter Services**<br>M5, Coach Park (G) | A 01:25<br>D 01:50 |
| **Exeter**<br>Bampfylde Street,<br>Express Coach Stop 34 | A 02:00<br>D 02:05 |
| **Exeter (Honiton Rd)**<br>Bus Shelter opp Park & Ride | 02:10 |
| **Heathrow Airport**<br>Central Bus Station | A 05:30<br>D 05:35 |
| **London (Earl's Court)**<br>West Cromwell Rd, Stop D, nr Tesco | 06:10 |
| **London**<br>Victoria Coach Station,<br>Arrivals Hall | 06:20 |

## Key

A The coach will arrive at the first time. After a short break
D at this stop, it will depart again at the second time.