404 London to Penzance

Current timetable, valid from Tuesday 3rd of June 2025. Services may vary during Bank Holidays

Monday–Sunday

Stops	Times
London Victoria Coach Station, Departures Hall	23:00
Heathrow Airport Central Bus Station	A 23:35 D 23:40
Weston-super-Mare Bus Interchange, Alexandra Parade, Stop A	02:00
Bridgwater Coach Stn	02:28
North Petherton Fore St, Bus lay-by, nr Hammet St	02:35
Taunton Park Street, adjacent County Hall	02:50
Taunton Deane Services M5, Southbound	A 03:00 D 03:30
Exeter (Honiton Rd) A3015 Honiton Rd, Park & Ride (uphill shelters)	04:00
Exeter Bampfylde Street, Express Coach Stop 34	A 04:10 D 04:15
Newton Abbot Lay-by, o/s Rail Stn	04:40
Torquay Coach Stn, Lymington Rd	04:55
Paignton Great Western Rd, Bus Shelter, o/s Library	05:05

Totnes Coronation Rd, opp Town Mill	05:15
Plymouth (Marsh Mills) *HAND LUGGAGE ONLY*, A374 lay-by, at Plymouth Rd superstore	05:50
Plymouth Coach Stn, Armada Way	A 05:55 D 06:15
East Taphouse A390, opp Old Post Office / post box	06:49
Lostwithiel opp The Royal Talbot	06:57
St Blazey A390 Church St, adj Polgrean Place	07:07
St Blazey Gate A390 St Austell Rd, Four Lords P.H.	07:11
St Austell Bus Station, off High Cross Street	07:15
Grampound Fore St, opp Dolphin P.H.	07:25
Tresillian Lay-by, nr Post Office	07:35
Truro Bus Stn, Green St	A 07:45 D 07:50
Penryn After Waterside House, Falmouth road	08:08
Falmouth Berkeley Vale, bus stop near The Old Police House	08:15
Helston The Parade, adj Meneage St	08:40
Penzance Bus Stn	09:05

Key

- A The coach will arrive at the first time. After a short break
- D at this stop, it will depart again at the second time.