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Bournemouth to Birmingham

National Express bus timetable for the **Bournemouth to Birmingham** route (Route **160**). Current timetable valid from **Saturday 14th of November 2026**. To keep the timetable handy and check your journey anytime, download this PDF. Services may vary during Bank Holidays.

Monday–Sunday

Stops	*Times*	
Bournemouth Coach & Rail Stn, off Holdenhurst Rd	09:05	15:00
Ringwood Meeting House Lane, Stand A	09:20	–
Southampton Coach Stn, Harbour Parade	A 09:55 D 10:05	A 15:50 D 16:00
Winchester Park & Ride East (St Catherine's), Amenities block	10:30	–
Oxford Bus Station, Gloucester Green	A 11:55 D 12:05	A 17:35 D 17:45
Birmingham Coach Stn, Digbeth	13:55	19:25

Key

A The coach will arrive at the first time. After a short break
D at this stop, it will depart again at the second time.

– The coach does not stop here on this service.