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Birmingham to Bournemouth

National Express bus timetable for the **Birmingham to Bournemouth** route (Route **160**). Current timetable valid from **Saturday 14th of November 2026**. To keep the timetable handy and check your journey anytime, download this PDF. Services may vary during Bank Holidays.

Monday–Friday

Stops	*Times*	
Birmingham Coach Stn, Digbeth	08:40	15:00
Oxford Bus Station, Gloucester Green	A 10:20 D 10:30	A 17:05 D 17:15
Chieveley Services	A 11:05 D 11:35	–
Winchester Park & Ride East (St Catherine's), Amenities block	–	18:40
Southampton Coach Stn, Harbour Parade	A 12:40 D 12:50	A 19:10 D 19:15
Ringwood Meeting House Lane, Stand A	–	19:45
Bournemouth Coach & Rail Stn, off Holdenhurst Rd	13:40	20:05

Saturday–Sunday

Stops	*Times*	
Birmingham Coach Stn, Digbeth	08:40	15:00
Oxford Bus Station, Gloucester Green	A 10:20 D 10:30	A 16:50 D 17:00
Chieveley Services	A 11:05 D 11:35	–
Winchester Park & Ride East (St Catherine's), Amenities block	–	18:25
Southampton Coach Stn, Harbour Parade	A 12:40 D 12:50	A 18:55 D 19:00
Ringwood Meeting House Lane, Stand A	–	19:30
Bournemouth Coach & Rail Stn, off Holdenhurst Rd	13:40	19:50

Key

A The coach will arrive at the first time. After a short break
D at this stop, it will depart again at the second time.

– The coach does not stop here on this service.