160

Birmingham to Bournemouth

National Express bus timetable for the **Birmingham to Bournemouth** route (Route **160**). Current timetable valid from **Saturday 5th of September 2026**. To keep the timetable handy and check your journey anytime, download this PDF. Services may vary during Bank Holidays.

Monday–Thursday

Stops	*Times*		
Birmingham Coach Stn, Digbeth	08:40	13:30	17:00
Oxford Bus Station, Gloucester Green	A 10:20 D 10:30	A 15:25 D 15:35	A 19:05 D 19:15
Chieveley Services	A 11:05 D 11:35	–	–
Winchester Park & Ride East (St Catherine's), Amenities block	–	17:00	–
Southampton Coach Stn, Harbour Parade	A 12:40 D 12:50	A 17:30 D 17:35	A 20:50 D 20:55
Ringwood Meeting House Lane, Stand A	–	18:05	21:25
Bournemouth Coach & Rail Stn, off Holdenhurst Rd	13:40	18:25	21:45

Friday

Stops	*Times*		
Birmingham Coach Stn, Digbeth	08:40	13:30	17:00
Oxford Bus Station, Gloucester Green	A 10:20 D 10:30	A 15:35 D 15:45	A 19:05 D 19:15
Chieveley Services	A 11:05 D 11:35	–	–
Winchester Park & Ride East (St Catherine's), Amenities block	–	17:15	–
Southampton Coach Stn, Harbour Parade	A 12:40 D 12:50	A 17:45 D 17:50	A 20:50 D 20:55
Ringwood Meeting House Lane, Stand A	–	18:20	21:25
Bournemouth Coach & Rail Stn, off Holdenhurst Rd	13:40	18:40	21:45

Saturday–Sunday

Stops	*Times*		
Birmingham Coach Stn, Digbeth	08:40	13:30	17:00
Oxford Bus Station, Gloucester Green	A 10:20 D 10:30	A 15:20 D 15:30	A 18:50 D 19:00
Chieveley Services	A 11:05 D 11:35	–	–
Winchester Park & Ride East (St Catherine's), Amenities block	–	16:45	–
Southampton Coach Stn, Harbour Parade	A 12:40 D 12:50	A 17:15 D 17:20	A 20:35 D 20:40
Ringwood Meeting House Lane, Stand A	–	17:50	21:10
Bournemouth Coach & Rail Stn, off Holdenhurst Rd	13:40	18:10	21:30

Key

A The coach will arrive at the first time. After a short break
D at this stop, it will depart again at the second time.

– The coach does not stop here on this service.