

Monday, Tuesday, Wednesday, Thursday, Saturday, Sunday

| Stops | Times |
|---|--------------------|
| HaverfordwestBridgend Square, Stand 2, Temporary Bus Stop | 07:15 |
| JohnstonRailway Inn, o/s Railway Inn | 07:22 |
| Steynton (for Milford Haven)Lay-by, St Peter's Church | 07:27 |
| NeylandA477, nr Honeyboro' Roundabout, adj Business Park | 07:33 |
| Pembroke Dock (for Town)Tesco Bus Stop | 07:40 |
| PembrokeMain St, east end, Coach House Hotel | 07:45 |
| TenbyUpper Park Rd | 08:05 |
| KilgettyCommunity Centre | 08:15 |
| St ClearsBlack Lion PH | 08:35 |
| CarmarthenLammas Street, outside the Boar's Head & YMCA Shop | A 08:47 D 08:50 |
| Cross HandsLlandeilo Rd, Lay-by, opp Discount Pram Centre | 09:05 |
| SwanseaBus Station (Bays A, B or C) | A 09:40 D 10:00 |
| Swansea University (Bay Campus)Fabian Way, Eastbound | 10:08 |
| Port TalbotBus Station, near Aberafan Centre | 10:15 |
| Bridgend (Sarn)Odeon (for McArthurGlen) | 10:35 |
| CardiffSophia Gardens | A 11:15 D 11:25 |
| Newport [S.Wales]Kingsway, Stop 14, lay-by near Riverfront Theatre | 11:55 |
| BirminghamCoach Stn, Digbeth | 14:00 |

Friday

| Stops | Times |
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| HaverfordwestBridgend Square, Stand 2, Temporary Bus Stop | 07:00 |

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|---|--------------------|
| JohnstonRailway Inn, o/s Railway Inn | 07:07 |
| Steynton (for Milford Haven)Lay-by, St Peter's Church | 07:12 |
| NeylandA477, nr Honeyboro' Roundabout, adj Business Park | 07:18 |
| Pembroke Dock (for Town)Tesco Bus Stop | 07:25 |
| PembrokeMain St, east end, Coach House Hotel | 07:30 |
| TenbyUpper Park Rd | 07:50 |
| KilgettyCommunity Centre | 08:00 |
| St ClearsBlack Lion PH | 08:20 |
| CarmarthenLammas Street, | A 08:32 |
| outside the Boar's Head & YMCA Shop | D 08:35 |
| Cross HandsLlandeilo Rd, Lay-by, opp Discount Pram Centre | 08:50 |
| SwanseaBus Station (Bays A, B or C) | A 09:25 D 09:45 |
| Swansea University (Bay Campus)Fabian Way, Eastbound | 09:53 |
| Port TalbotBus Station, near Aberafan Centre | 10:00 |
| Bridgend (Sarn)Odeon (for McArthurGlen) | 10:20 |
| CardiffSophia Gardens | A 11:00 D 11:10 |
| Newport [S.Wales]Kingsway, Stop 14, lay-by near Riverfront Theatre | 11:40 |
| BirminghamCoach Stn, Digbeth | 14:00 |

Key

A

DThe coach will arrive at the first time. After a short break at this stop, it will depart again at the second time.