104

Penzance to Birmingham

National Express bus timetable for the **Penzance to Birmingham** route (Route **104**). Current timetable valid from **Saturday 14th of November 2026**. To keep the timetable handy and check your journey anytime, download this PDF. Services may vary during Bank Holidays.

Monday–Thursday

Stops	*Times*
Penzance Bus Station, Station Road	08:25
Crowlas The Star Inn, A30, bus stop beyond Inn	08:33
St Erth A30, Interchange, o/s Railway Station	08:38
Hayle Penpol Terrace bus lay-by	08:44
Copperhouse Fore St, bus lay-by, opp shops	08:46
Camborne [Cornwall] Bus Stn	09:00
Pool [Cornwall] Trevenson Rd, Cornwall College	09:05
Redruth Station Rd, Bus Shelter, adj Alma Place	09:15
Newquay [Cornwall] Bus Station, Manor Rd	A 09:50 D 09:55
Bodmin opp Car Park, Dennison Rd	10:35
Liskeard Barras St, lay-by, near Lloyds bank	11:00

Tideford A38 Quay Rd, down-hill stop, after Church Rd	11:10
Landrake A38, opp Geffery Close	11:13
Plymouth Coach Stn, Armada Way	A 11:45 D 12:40
Exeter Bampfylde Street, Express Coach Stop 34	A 13:50 D 13:55
Exeter (Honiton Rd) Bus Shelter opp Park & Ride	14:05
Bristol Bus & Coach Station, Marlborough St	A 16:00 D 16:30
Cheltenham (Arle Court Transport Hub) Hatherley Lane	17:25
Birmingham (Bearwood) Hagley Rd, lay-by, outside Bus Stn	18:30
Birmingham Coach Stn, Digbeth	18:45

Friday

Stops	*Times*
Penzance Bus Station, Station Road	08:00
Crowlas The Star Inn, A30, bus stop beyond Inn	08:08
St Erth A30, Interchange, o/s Railway Station	08:13
Hayle Penpol Terrace bus lay-by	08:19
Copperhouse Fore St, bus lay-by, opp shops	08:21
Camborne [Cornwall] Bus Stn	08:35
Pool [Cornwall] Trevenson Rd, Cornwall College	08:40
Redruth Station Rd, Bus Shelter, adj Alma Place	08:50
Newquay [Cornwall] Bus Station, Manor Rd	A 09:20 D 09:30
Bodmin opp Car Park, Dennison Rd	10:10
Liskeard Barras St, lay-by, near Lloyds bank	10:35
Tideford A38 Quay Rd, down-hill stop, after Church Rd	10:45
Landrake A38, opp Geffery Close	10:48
Plymouth Coach Stn, Armada Way	A 11:20 D 12:15

Exeter Bampfylde Street, Express Coach Stop 34	A 13:25 D 13:30
Exeter (Honiton Rd) Bus Shelter opp Park & Ride	13:40
Bristol Bus & Coach Station, Marlborough St	A 15:45 D 16:15
Cheltenham (Arle Court Transport Hub) Hatherley Lane	–
Birmingham (Bearwood) Hagley Rd, lay-by, outside Bus Stn	18:15
Birmingham Coach Stn, Digbeth	18:30

Saturday–Sunday

Stops	*Times*
Penzance Bus Station, Station Road	08:25
Crowlas The Star Inn, A30, bus stop beyond Inn	08:33
St Erth A30, Interchange, o/s Railway Station	08:38
Hayle Penpol Terrace bus lay-by	08:44
Copperhouse Fore St, bus lay-by, opp shops	08:46
Camborne [Cornwall] Bus Stn	09:00
Pool [Cornwall] Trevenson Rd, Cornwall College	09:05
Redruth Station Rd, Bus Shelter, adj Alma Place	09:15
Newquay [Cornwall] Bus Station, Manor Rd	A 09:50 D 09:55
Bodmin opp Car Park, Dennison Rd	10:35
Liskeard Barras St, lay-by, near Lloyds bank	11:00
Tideford A38 Quay Rd, down-hill stop, after Church Rd	11:10
Landrake A38, opp Geffery Close	11:13
Plymouth Coach Stn, Armada Way	A 11:45 D 12:40

Exeter Bampfylde Street, Express Coach Stop 34	A 13:45 D 13:50
Exeter (Honiton Rd) Bus Shelter opp Park & Ride	14:00
Bristol Bus & Coach Station, Marlborough St	A 15:50 D 16:20
Cheltenham (Arle Court Transport Hub) Hatherley Lane	17:10
Birmingham (Bearwood) Hagley Rd, lay-by, outside Bus Stn	18:15
Birmingham Coach Stn, Digbeth	18:30

Key

A The coach will arrive at the first time. After a short break
D at this stop, it will depart again at the second time.

– The coach does not stop here on this service.